

A Journey to Oaxaca- The Magic and the Medicine Oct 6-14 2017



This is a unique journey for someone who is looking for something more meaningful than a traditional tour, this is a chance to grow, stretch, and experience something completely new, in a beautiful place, with the help of talented guides and a supportive group. The focus of the trip will be to work with Elizabeth, a talented healer and curandera in the indigenous tradition of Oaxaca, who, by leading us through ceremonies and rituals in nature and through individual sessions, will help set free our spirits and bring us in touch with the magic that is Oaxaca and that resides deep within us all.

Arriving at Huatulco airport on Fri Oct 6, we stay in a hotel there and have our first gathering as a group. There will be time for a little shopping and a plunge in the Pacific Ocean as we begin our journey of exploration, inner and outer.

On Oct 7 we leave to spend 4 days in the jungle at a private family home at the coffee plantation, “el Mamey “. In this quiet setting, enjoying warm hospitality, we stay ‘en famille’, and can appreciate the extraordinary environment and the amazing work offered by Elizabeth, a daughter of the family. The experience is truly “magic” as we find a kind of freedom that is joyful, playful, and deeply touching.



There will be time for walking, swimming, bird watching, and gathering in circle.

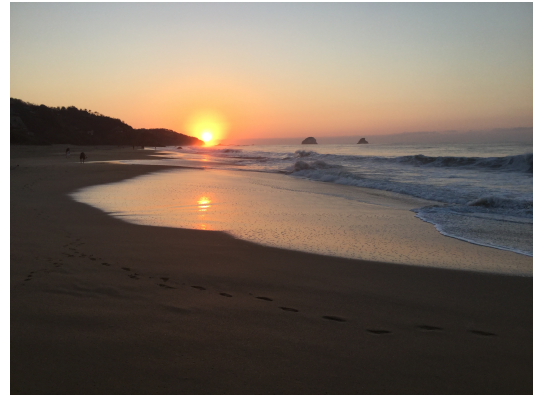
The area is full of natural life and is far off the beaten track.

Delicious meals will be served family style and wine, beer, and cocktails will be available for

purchase. Elizabeth will provide individual sessions as well as group work, and we will be uplifted by her compassionate presence and deep wisdom as she sits with us to offer her traditional indigenous perspective.



On October 11, we take our leave and travel three hours to the Pacific beach town of San Agustinillo, a true paradise. There we stay in a bungalow style hotel on a gorgeous beach. Exploration of the area includes a boat ride in the open ocean to see turtles, bird, dolphins, and maybe whales, as well as a visit by boat to the lagoon at La Ventanilla for incredible wildlife viewing. We will hike to Punta Cometa to watch the sunset and visit the community projects in Mazunte- the natural cosmetic factory and the turtle museum. This will be a chance to integrate, restore, and enjoy. There are wonderful restaurants and beautiful vistas as well as welcoming hammocks.



On Oct 14th, we transfer to Hautulco airport in time for the 10:30 flight to Mexico City where we can change planes for our destination.



\$1900 including dinner in Huatulco, all meals at “el Mamay”, breakfasts in San Agustinillo, all tours, private session with Elizabeth, English speaking guides, accomodations, and airport transfer. Double occupancy